BEDROCK Academy
ROCK SOLID LEGAL SUPPORT

LEVEL UP

An Interactive Business Planning Workshop

JOURNAL ENTRIES

I want you to close your eyes and visualize yourself sitting at your desk on December 31, 2020. You take a look at your numbers and compare them to the goals you set in this workbook and you realize that you didn't make your goals. In the space below write down what happened. What didn't you do? Why didn't you make it happen? What stopped you? Who or what held you back?

I didn't reach my goals because

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_____. So because of this, I didn't make it happen.

Now I want you to close your eyes and visualize yourself sitting at your desk on December 31, 2020. You take a look at your numbers and compare them to the goals you set throughout this Course and you realize that you actually reached your goals! Yesssss! You are super proud of yourself, as you should be. In the space below write down what happened. What did you do differently in 2020? What habits did you give up? What type of person did you become in order to make things happen?

I reached my goals because

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_____. So because of this, I made it happen!

Now you can see what you need to do to make things happen. Go for it!